

Sacred Body Ceremonies

Constitutional Hydrotherapy – One of the oldest traditional healing treatments characterized by the use of the alternation of hot and cold water to increase both circulation and the immune system. This form of healing has been used for over one hundred years by naturopathic physicians and other traditional healers.

Herbal Infusion Poultice Ritual – A Native American, relaxing and detoxifying treatment. This ritual uses a poultice of desert herbs and cactus sooth and calm the entire body while helping and expediting the elimination of toxins. Step into a world of total relaxation, a cocoon filled with organic herbs is used to eliminate toxic build up, congestion and reduce inflammation.

Reiki – Translated to mean 'spiritually guided life force energy', is a Japanese technique used to reduce stress and promote relaxation and healing. A treatment feels like a wonderful glowing radiance that flows through and around you. It treats the whole person including body, emotions, mind and spirit creating many beneficial effects ranging from relaxation to feelings of peace, security and well-being.

Rock-n-Rain Yavapai Spinal Treatment – This is a powerful, non-invasive treatment used by the Native American culture to facilitate the body into a sacred balance and release any energy blockages that may be occurring.

Verde River of Life Wellness Experience – A range of holistic products characterized by its special ingredients: green tea, ginkgo and ginseng provides intense moisture to restore skin's natural balance.