

TRAX “PERFECTLY COSMOPOLITAN”

APPETIZERS

CHICKEN WINGS

tender chicken wings, in mild Buffalo sauce, hot Buffalo sauce, chipotle B.B.Q or Caesar garlic with blue cheese or ranch and celery sticks \$8

BLACKENED TUNA BITES

yellow fin tuna lightly seasoned in cajun spices, pan seared-served with light ginger soy and wasabi sauces \$9

CHILLED SHRIMP COCKTAIL

peeled shrimp served with tangy horseradish cocktail sauce \$10

CALAMARI

lightly breaded then quick fried golden brown with cherry pepper rings; served with a chipotle aioli and marinara sauce \$9

RINGS OF ONION

1” thick these sweet onion circles are lightly breaded, and golden fried with a side of our tiger sauce \$6

HOMEMADE HUMPER CHIPS

golden fried crispy potato chips dusted with old bay seasoning, topped with wilted spinach and crab dip \$9

FRIED MOZARELLA CHEESE

quick fried lightly breaded sticks of cheese are served with a side of marinara sauce \$8

NACHOS

tortilla chips are piled high with spicy ground beef, melted cheese and all the southwest toppings \$9

SOUPS

FRENCH ONION SOUP

Spanish onions, portabella mushrooms, roasted beef stock, garlic crostini, gruyère cheese \$6

SOUP OF THE DAY

chef’s selection of fresh seasonal ingredients \$6

ROASTED TOMATO & CRAB BISQUE

crab velouté with oven roasted tomatoes and sherry cream \$7

SALADS

ADD CHICKEN (\$4) STEAK(\$6) SALMON(\$6) TUNA(\$6) SHRIMP (\$6)

TO ANY OF OUR DELICIOUS SALADS

BABY SPINACH

tender spinach leaves with sliced button mushrooms, red onion, sweet carrot and diced bacon with balsamic vinaigrette \$7

MISTO SALAD

fresh field greens with raisins, candied walnuts and crumbles of gorgonzola cheese with a side of our famous orange cognac dressing \$8

CAESAR SALAD

romaine hearts, shaved onion, garlic crostini, kalamata olives, shaved parmesan, Carmen’s Caesar dressing \$9

WEDGE SALAD

iceberg wedge, buttermilk blue cheese dressing, tomato, onion, diced bacon \$7

ENTRÉES

GRILLED SALMON

salmon filet brushed with our chipotle B.B.Q sauce, grilled romaine hearts with a lemon poppy salad dressing and herb potato wedges \$18

TUSCANY CHICKEN

pan seared breast of chicken seasoned with an Italian herbs, olive oil placed on a nest of a ripe plum tomato, kalamata olives and white bean ragout \$17

CRABCAKE PLATTER

two jumbo lump cakes pan seared golden brown served with herb fries, Asian slaw and honey mustard sauce \$18

GRILLED FLAT IRON STEAK

espresso rubbed served with caramelized onions, mushrooms and parmesan potato wedges \$21

SEARED TUNA

yellow fin tuna, pan seared medium rare served on a nest of Asian coleslaw and sticky rice cake, with teriyaki wasabi sauce \$18

FISH AND CHIPS

beer battered codfish fried till golden brown, served with seasoned potato fries, Asian slaw and malt vinegar \$15

GRILLED 8oz FILET MIGNON

melted bleu cheese, demi-glace, parmesan potato wedges and fresh vegetables \$35

TORTELLINI ROSE

cheese tortellini tossed with sundried tomatoes, pancetta and rose cream sauce topped with shaved grana padano Full Portion \$19~ ~Half portion \$9

BURGERS, WRAPS AND SANDWICHES

TRAX BACON CHEDDER BURGER

topped with aged cheddar and apple wood smoked bacon on a brioche roll with a side of chipotle B.B.Q \$11

THE HEN HOUSE BURGER

grilled boneless breast of chicken topped with homemade B.B.Q melted american cheese and crisp smoky bacon on a brioche roll \$9

CRAB PATTY

Maryland crab cake served with a tangy honey mustard sauce on a brioche roll \$11

THE MEXICAN WRAP

ground beef patty wrapped in a flour tortilla with chopped lettuce, tomato, onion, avocado and chipotle aioli \$9

THE TURKEY BURGER

burger with specialty spices from Cuba & Mexico, topped with pickles and Swiss cheese along with a sauce made with sour cream and chipotle on brioche roll \$9

THE TRIO OF KOBE SLIDERS

three mini burgers are topped like this: cheddar and onion, bacon and Swiss and homemade B.B.Q and pickle \$9

CLASSIC BEEF BURGER

8oz. of lean ground beef is cooked to your liking served with fresh lettuce, ripe tomato and red onion on a brioche roll \$9

BUFFALO CHICKEN WRAP

diced breast of chicken, lettuce, tomato, blue cheese and our “spicy” buffalo sauce in a flour tortilla \$9

GRILLED VEGETABLE WRAP

grilled zucchini, yellow squash, red onion, portabella mushroom, red pepper fresh mozzarella cheese and basil pesto wrapped in a flour tortilla \$9

PHILLY CHEESE STEAK (2 ways)

thinly sliced rib eye of beef or chicken smothered with sautéed peppers and onions \$10

TURKEY COOPER MELT

hot shaved turkey breast, sharp cooper cheese, lettuce, tomato, bacon and thousand island dressing on a butter croissant \$9