

Zoysia  
Spa

spa menu

Radisson®  
GOLF & CONVENTION  
CENTER BATAM



THE SPA ENVIRONMENT IS ONE OF TRANQUILITY AND RELAXATION. PLEASE RESPECT THE PEACEFULNESS AND PRIVACY OF OTHER SPA'S GUESTS. KINDLY DEFER FROM SMOKING AND FROM USING YOUR MOBILE PHONES WITHIN THE SPA VICINITIES. THANK YOU.



## Welcome to Zoysia Spa

Spa Esc presents an extensive palette of global wellness and beauty rituals, honoring culture from every corner of the earth coming together to offer the ultimate spa experience. Gifted spa artisans will perform gentle and replenishing therapies painstakingly designed to suit guest's needs.

Spa Esc experience is not solely about beauty. It is a journey of the senses, a spiritual sanctuary, the consummate solution to counteract modern stress.

Amidst the hustle and haste of the modern world, we wish for time to stand still. We want a serene haven where tranquility and solitude is easy to achieve comfortably within our grasp to lead us towards the path of consciousness and the purpose of life.

Here at Zoysia Spa, we open the gateway to commune with nature and experience a truly rewarding therapeutic rituals to enhance the body-mind-soul inter-dependence

Zoysia Spa opens daily from 10:00 am until 10:00 pm



## Spa Customer Information

### When I should arrive for my treatment?

If this is your first visit with us, please arrive 15 minutes prior to your appointment time so that you may relax and unwind before your treatment

### Is there someone to help me decide the best treatment for me?

Our Spa Manager and Receptionists will be able to assist you to plan the best spa program that suits your needs.

### What should I wear to the spa?

There is no need to bring extra cloth. Bathrobes and slippers are provide in your private spa suite. Choose what's the most comfortable for you, we provide you with hygienic disposable briefs. Our therapists will always use draping techniques to respect your privacy.

### What if I am pregnant?

Please contact our spa manager or receptionists for advice on treatments that are safe to enjoy during pregnancy.

### Should men shave before their facial treatment?

It is recommended that men shave a few hours before their facial appointments, rather than just before.

### Spa Etiquette & Minimum Age

To preserve the harmony within the spa kindly turn off your mobile phone. To maintain a peaceful environment, children under 12 years are not permitted in the spa.

### Cancellations

These polities allow our spa therapist to reschedule open appointment times with other clients who maybe on our waiting list. Please remember that our staff works by appointment times.

As your treatment requires facilities to be reserved, we request a minimum of 4 hours notice if you are unable to keep your appointment. Please call our staff who will be happy to reschedule for you. No shows or appointments cancelled within one hour will incur with full amount. 4.7.2016



## Radisson Spa Core Philosophy

A haven for guests who seek 'Me' time and focus more on customized treatments, providing an instant relief in a solitary environment.

### Escape

Zoysia Spa provides a respite for Radisson Golf & Convention Center Batam travelers where they can quietly skip away from their hectic routines and the mundane of every day's life.

### Reboot

Zoysia Spa features an array of eclectic therapeutic remedies to energize the body, soothe the mind and uplift the spirit.

### Recover

Zoysia Spa is where guests can regain physical, mental and emotional balance through the stimulation of the six senses which translates into a spa journey experience.

## Recover - Facial Care

### Skin Rituals Collection

Facials are an important part of every smart skincare routine. The benefits are obvious healthy-looking skin that's incredibly clean, smooth and radiant. And the overall experience is so relaxing and luxurious.

**SKIN BLISS – Anti-stress** 60 minutes RP 700,000++

Anti-oxidant, advanced hydrating and gentle skin soothing

Combination of softness for skin that is sensitive or subject to redness. Soften the skin and heightens its protection system for a soothed and ideally hydrated epidermis, Restores clear skin that is free from blemishes and reduces shine and tighten pores.

**SKIN PURE – Detoxifying** 60 minutes RP 700,000++

Skin Purifying and Detoxifying  
Active pollution Defense  
Superior Antioxidant Treatment

The perfect energy of Oxygen Complex and Oat Extract boost cell metabolism for optimal regenerating power. Enriched with Vitamin A acetate for ultra antioxidant effect. Aroma blend of grapefruit, ylang ylang, black pepper ensure skin hydration while cleansing out for skin renewal.

**SKIN LIGHT – Brightening** 60 minutes RP 900,000++

Skin Brightening  
Anti Dullness & Skin Discoloration  
Prolong Smooth & Even Skin Tone

Diminish dark spots and skin discoloration with Turmeric Extract and Sake Lees Extract and nourishing your skin with Hyaluronic acid. Aroma blend of Rose Absolute, Grapefruit and Mandarin complements the total effect of skin's natural glow and radiance.

**SKIN LIFT – Rejuvenating facial lifting** 75 minutes RP 900,000++

Absolute Skin Regeneration  
Total Skin Revitalizing  
Sensational Anti-Aging Program

Restore skin's natural function to enhance radiance and firmness with Sweet Black Tea and Phytoplankton fighting against sign of aging including photo aging, loss of elasticity, wrinkle and fine lines.

## Spa Customer Information

**The Function - Spa Pedicure** 60 minutes RP 300,000++

Sit back and experience our spa pedicure that includes aroma soaking with aroma oils. Nails are reshaping and cuticle pushing, a foot scrub and gentle foot massage are provide by experienced therapist.

**The Function - Spa Manicure** 60 minutes RP 300,000++

Stay back and relax, your hands are soaked in aroma oils base to soften the skins, after which we cut and work around the cuticle. Nails are then buffed and polished. Following a hand exfoliation and relaxing hand massage using fine exfoliating cream leaving the hands well round nourished. Nails are perfected with selection of long lasting nail polish.

**Complete nails treatment** 105 minutes RP 550,000++

Pampering your feet with our exclusive Private Spa Collection starts with gentle massage, then nails are expertly buffed, shaped and polished.

### Silky and smooth skin

Hand paraffin 30 minutes RP 260,000++

Feet paraffin 30 minutes RP 330,000++



## Couple Spa Packages

Gratify yourself and your love one in our romantic spa suite with steam bath.

### Romeo & Juliet

120 minutes    RP 2,500,000++

- Relaxing fragrant flower bath.
- Choice of body scrub 30 min.
- Aromatherapy massage 60 min.

### Taste of Thai Sensation

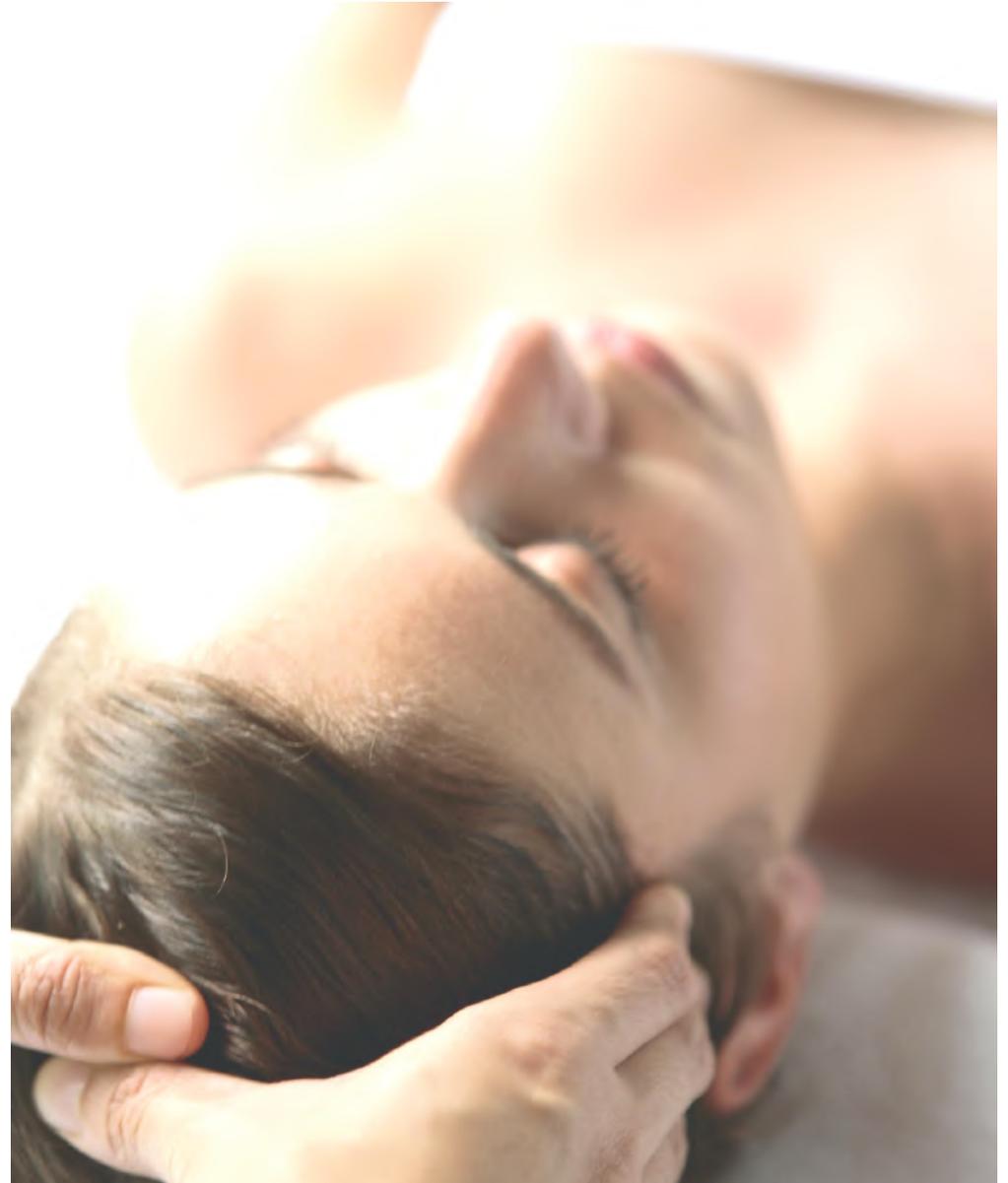
150 minutes    RP 2,900,000++

- A vanity of Thai herbal soak 30 min.
- Choice of Body Scrub 30 min.
- Thai Asian blends Massage 90 min.



## Thai Traditional Massage

Inspired by ancient Thai healing traditions passed down from generation to generation, Thai Traditional Massage features a selection of classic therapies specially designed for the ladies and gentlemen.



## Reboot - Body Massage

Surrender yourself to absolute bliss. Massages have been proven to reduce stress and tension, improve a sleep and digestion and promote healing. Plus, they feel absolutely amazing.

### Escape Remedy Massage 30 minutes RP 290,000++

Anti-stress Neck, Shoulder and Back Massage

Fit for rush hour snapshot massage. The ideal massage to combat stiffness and stress, concentrate on the back and shoulders.

### Traditional Thai Massage 60 minutes RP 550,000++ 90 minutes RP 700,000++

Experience the world famous Thai massage, this massage concentrate on the pressure points of the whole body with muscle stretching movements to relax tight muscles and stimulate the blood circulation.

### Reboot Thai Herbal Compress Therapy 90 minutes RP 900,000++

It is an invigorating experience that is a blend of passive stretching and acupressure to simultaneously evoke a feeling of total relaxation and renewed energy. Our warm compress, containing an herbal ingredients to apply to the whole body. The herbs help to improve the immune system and lung function.

### Aromatherapy Body Massage 60 minutes RP 650,000++ 90 minutes RP 900,000++

Ease away all stress and strain with this soothing massage. Pure essential oils are used to induce deep and gentle relaxation.

### Swedish Massage 60 minutes RP 550,000++ 90 minutes RP 700,000++

A full body massage both invigorating and relaxing. The classical movement will helps to reduce tension, soothe sore muscles and increase circulation.

### Foot Relaxing Massage 60 minutes RP 440,000++

Try the oriental traditional foot massage using acupressure points. The easy, safe and effective way to promote and maintain good health.

## Reboot Signature Treatments

### Functional Thai Massage 120 minutes RP 920,000++

Therapeutic Thai Functional Massage will ease away your pains related to office syndrome ailments. Scientific blended of selected traditional Thai massage techniques with proven effective physical therapy massage to provide warming the entire acupressure points and stretching of muscle to alleviate stiffness and pains around the neck, shoulders, arms and neck.

### Office Syndrome



### Perfect Four- Hands Massage 60 minutes RP 650,000++ 90 minutes RP 900,000++

A nurturing, relaxing experience like no other is created by two therapists working in tandem. The gentle, slow massage techniques they employ allow you to release tension and control. This is an unforgettable treatment, the gentle and healing hands will help to calm the nervous system, warm and relax muscle tissue and promote the growth of health, new skin cells, ultimately resulting in total relaxation and suppleness of the skin.

## Reboot Warm Stone Massage

This is the therapeutic power of touch with a warm river stones. A massage therapist allows the warm stones to rest on trigger points in your body. As the heat from the stones penetrates into your deeper body tissues, your blood vessels open resulting an improved circulation.

### Full Body Massage 90 minutes RP 1,100,000++

### Back & Shoulder Massage 60 minutes RP 700,000++

\*A short thermal stone massage treatment is recommended in combination with aromatherapy massage, please consult our spa manager.

## Zoysia Spa - Depilatory Waxing

Smooth. This special spa treatment removes unwanted hair quickly and gently. Our experienced estheticians are fully trained in the professional technique, for the utmost comfort, courtesy and care.

Lip/Chin/Brow Wax (each one)	15 minutes	RP 160,000++
Underarms Wax	20 minutes	RP 250,000++
Bikini Line Wax	30 minutes	RP 370,000++
Half Leg Wax	30 minutes	RP 330,000++
Full Leg Wax	45 minutes	RP 600,000++
Back Wax	45 minutes	RP 520,000++

## Ayurvedic Treatments

**Abhayanga Massage**      60/90 minutes      RP 740,000/1,110,000++

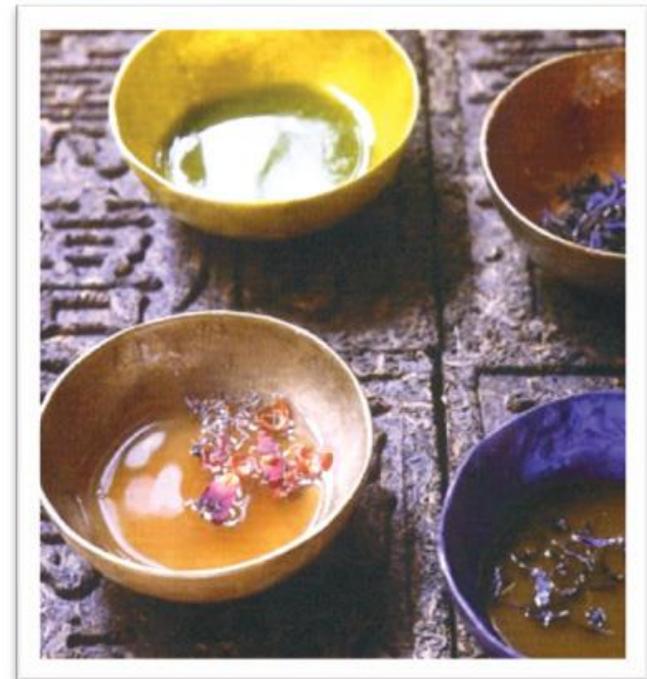
Inspired by traditional Ayurvedic massage, dosha specific Abhayanga massage addresses your body's individual needs. Vata's receive relaxing and calming therapy, Pitta's benefit from soothing and rejuvenating therapy, and Kapha's will welcome an invigorating therapy.

**Target Massage**      60/90 minutes      RP 740,000/1,110,000++

Gain profound therapeutic benefit with our targeted massage, designed to concentrate and care to particular areas of concerned. Relief from chronic pain and muscle tension.

**Deep Tissue Massage**      60 minutes      RP 740,000++

This type of massage focuses on releasing and relaxing areas of chronic tension. Using a variety of muscle release techniques, your therapist will target tense and painful areas to bring relief.



## Zoysia Spa Packages

Indulge yourself or a friend with exclusive Spa package, designed to provide head-to-toe care. For luxurious treat, may we recommend...

**Escape Journey** 180 minutes RP 2,410,000++

This Spa Esc signature therapy combine a plant extract body scrub, hydrating wrap, signature massage and a facial treatment. You are invite to choose from our a la carte menu for your preferred combination.

Foot bath ritual, Thai herbal body wrap, and signature massage and signature facial treatment

**Reboot Ritual for Her** 120 minutes RP 1,300,000++

A delightful blend of our most sought-after treatments to elevate your senses featuring Reboot Essential massage to alleviate stress and Recover Elemental facial to hydrate and replenish the skin.

**Reboot Ritual for Him** 120 minutes RP 1,440,000++

Selected therapies which customized for men that combines Reboot Vitality massage to reduce muscle tensions and aches with Men's Escape facial to capture a healthy and fresh complexion.

**Zoysia Spa Body Pampering** 90 minutes RP 920,000++

- Choice of Body Scrub 30 minutes.
- Choice of Body Massage 60 minutes.

**Jet Lag Reviver** 120 minutes RP 1,100,000++

- Seaweed Sea Salt Scrub 30 minutes
- Marine Bath/ Milk Bath/ Aromatic Bath 30 minutes.
- Swedish massage 60 minutes.

**Ultimate Spa Experience** 150 minutes RP 1,300,000++

- Choice of Body scrub 30 minutes.
- Choice of Swedish or Aromatherapy 60 minutes.
- Purifying Face Treatment 60 minutes.



## Zoysia Spa Body Treatments

### • Silky Body Scrubs/ Exfoliation

Deep seated impurities caused by the harmful effects of today's environment often prevent necessary nutrients from reaching the inner skin. Choose from any of our purifying body treatments to replenish vital nourishment and experience a welcome boost to your overall wellness.

#### Thai Herbal Body Scrub 30 minutes RP 370,000++

A firming scrub from many Thai herbs with the special formula.

Helps to remove your dull skin, promote a new smooth and firming skin instead.

#### Coconut and Honey Body Scrub 30 minutes RP 370,000++

Reveal softer, glowing skin with gently-exfoliating coconut husks and honey in creamy moisturizing scrub. For dry skin and wrinkle skin.

#### Detoxifying Coffee Scrub 30 minutes RP 370,000++

Give the body wake up and feels nice on the skin. Benefit of Coffee and Yoghurt helps to redistribute fat cells, detoxifying and whitening skin. Relax with the scent of coffee to make your day memorable.

#### Seaweed Sea Salt Scrub 30 minutes RP 370,000++

Naturally cleansing from the ocean to purifying your skin. Blue as ocean with very good mixture of sea crystals and deep sea algae. Scrub in aromatic oils to remove and detoxifying your skin and leaving only soft and healthy skin.



## Zoysia Spa Body Treatment

### • Body Wraps

#### Hot Oil Body Wrap 45 minutes RP 700,000++

A Relaxing treatment with warm detoxifying oils massage into your skin, then wrap in thermal blanket to detoxify the body and deep absorptions of the moisturizer.

#### Refreshing Chocolate Body Wrap 45 minutes RP 700,000++

It is natural, anti-bacterial ingredients contain powerful anti-oxidants that help to detoxify and stimulate blood circulation to create a smooth and healthy complexion. The Fragrant aroma of the chocolate also diminishes depressive thoughts and encourages truly delightful sensations.

#### Herbal Body Wrap 45 minutes RP 700,000++

Using Thai herbs and white mud, help deep cleanse and detoxify the skin, removing excess oils follow with light soothing massage.

#### Green Tea Body Mask 45 minutes RP 700,000++

A cleansing and hydrating treatment that Encourages body's own natural healing. Using Mask and Doshia Oils and complete with head, neck and scalp massage.

#### Seaweed Body Contour Wrap 45 minutes RP 800,000++

Rich in organic matters, protein, vitamins and trace minerals, this slandering treatment effectively tones and reshape the body when taken regularly. Wrap your body in thermal blanket which helps detoxifies the skin while nourishing and smoothen the skin.



## Zoysia Spa Body Treatments

**Eye Perfection Therapy** 30 minutes RP 440,000 ++

This treatment targets the delicate eye area to smooth fine line, combat sign of aging, reduce puffiness and rejuvenate tired eyes.

**Heavy Legs Treatment** 60 minutes RP 550,000 ++

Refreshing Gel for tired legs instantly relieves tired and heavy legs. Rich in marine plant extract. The sensation of intense freshness lasts permitting the legs to feel light and feeling well for many hours.

**Ultimate Slimming Treatment** 90 minutes RP 1,300,000 ++

With special Thai Herbal extract in slimming lotion, its will penetrate into your problem areas. Two in one program consisting with dry brushing on stomach to open skin pores and remove dead skin to prepare body for massage with our special lotion, then wrap in thermal blanket. After open up you will feel the different.

**Energizing for Her** 90 minutes RP 920,000 ++

- Hot Stone Stomach Massage 30 minutes
- Re-energizing Face Mask 40 minutes
- Feet relaxing massage 20 minutes



## Just for Himt

**Skin Stimulating Facial Treatment** 30 minutes RP 550,000++

This treatment combines effective techniques to specifically stimulate the circulation of blood and lymphatic system that result in relaxation of facial muscles whilst powerful conditioning actives nourish and renew vital radiance. This effective treatment is ideal for tired skin as it will bring back that healthy, radiant look to the skin.

**Masculine Facial Treatment** 60 minutes RP 550,000++

A skin formula especially developed for men with powerful active Tricosan to stop impurities that cause skin irritation and odor. Combined with relaxing massage techniques, this treatment stimulate the production of new skin cells and bring back tired skin to life.

**Purifying Back Treatment** 50 minutes RP 550,000++

Our super-smoothing back treatment is designed to get rid of your muscles stress and eliminate impurities in the skin. A deep-cleansing scrub is followed by hot compress to cleanse the skin. An aromatherapy massage relaxes your stressed muscles and leaves you feeling calm and peaceful.

**Zoysia Spa for Men Getaway** 180 minutes RP 1,670,000++

- Swedish Massage with Detoxifying warming oil 75 minutes
- Refreshing Face Care 45 minutes
- Head and Scalp Care – Shampoo 30 minutes
- Basic Pedicure 30 minutes

**Men Collection** 180 minutes RP 1,670,000++

- Aromatic Foot Bath 15 minutes
- Swedish Massage 60 minutes
- Re-energizing Face Mask 40 minutes
- Basic Pedicure 30 minutes