

**BREAKFAST  
A LA CARTE  
MENU**

**Traditional Continental Breakfast**

Fresh Fruit, Yogurt, Hot (Cream of Wheat, Oatmeal or Cream of Barley) OR Cold (Raisin Bran, Regular Cornflakes, Granola, Muesli or Frosted Flakes) Cereal with a selection of breakfast breads and delicious pastries. Also includes Hot Chocolate, Coffee, Tea or Chilled Juices.

**BDS \$30.00**

**Garden Omelet**

A 2-egg Omelet for those with a love for fresh garden vegetables, folded with sautéed onions, cabbage, broccoli, sweet peppers, fresh tomatoes and cheddar cheese. Served with Hash Brown & Baked Beans.

**BDS \$25.00**

**Eggs Benedict**

Two poached eggs on English muffins served with ham, hash brown & hollandaise sauce.

**BDS \$22.00**

**Bajan Breakfast**

Three traditional fish cakes, three pumpkin fitters, three slices of plantain served with two of Barbados old time bajan salt bread.

**BDS \$16.00**

**Steak & Eggs Combo**

Mouthwatering juicy 6 oz. strip loin steak served with two eggs (any style) and two fluffy old fashioned pan cakes.

**BDS \$39.00**

ALL PRICES ARE INCLUSIVE OF 10% SERVICE CHARGE & 17.5% VALUE ADDED TAX (VAT)

### **English Breakfast**

An omelet served with ham, onions, green, red, yellow peppers and cheddar cheese accompanied with hash brown, baked beans and two local flying fish.

**BDS \$36.00**

### **Old Fashioned Pancakes**

Grand Ma's old fashioned pancakes served with real maple syrup.

**BDS \$18.00**

### **Aquatica's Rise 'n' Shine Breakfast**

Two eggs (any style), two crispy bacon strips, two sausages, hash brown, baked beans and fluffy old fashioned pancakes.

**BDS \$26.00**

### **Bajan Surf Omelet**

Egg-White served with onions, green peppers, tomatoes, frizzled salt fish and baked beans.

**BDS \$25.00**

### **Carlisle French Toast**

An all-in house classic with two thick slices of bread, dipped in the chef's special egg batter and grilled golden brown.

**BDS \$16.00**

### **Seasonal Fruit Platter**

A wide variety of fresh fruits served with cottage cheese.

**BDS \$16.00**

### **Beverages (choice of any two items)**

Assorted Juices (Pineapple, Freshly squeezed Orange, Orange, Cranberry, Apple).  
Milk, Freshly Brewed Coffee, Hot Tea, Cappuccino, Latté, Hot Chocolate.

**BDS \$9.00**

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